



# CYBERSECURITY BEST PRACTICES

## TIPS FOR STAYING CYBER SMART



### **Use Strong Passwords and Multi-Factor Authentication (MFA):**

Create complex, unique passwords and always enable MFA to add an extra layer of security.



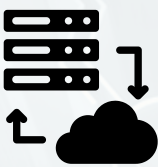
### **Implement a Firewall and Antivirus Solutions:**

Use firewalls to monitor and control incoming and outgoing network traffic and install antivirus software to detect and eliminate malware threats.



### **Keep Software Updated:**

Regularly update operating systems, applications, and security software to protect against vulnerabilities.



### **Back Up Data Regularly:**

Regularly back up important data and ensure that backups are stored securely and can be easily accessed in case of data loss or a ransomware attack.



### **Beware of Phishing and Vishing Scams:**

Never open links and attachments from unknown or suspicious senders. Refrain from providing personal information to unsolicited emails, text messages, and phone calls.

For more resources on Cybersecurity Awareness,  
access the QR code or visit

<https://slds.cnmipss.org/cybersecurity-awareness-resources>

